

EPISKOPI HASH HOUSE HARRIERS - RISK ASSESSMENT as at 19th April 2022

Definitions:

Hash - a run or walk following a prepared trail (marked using coloured flour).

Check - marked point where trail diverges.

RV - the start and finish point of the Hash.

Hashers - all runners and walkers.

Hares - the members who lay the trail and then control the participants.

<u>HAZARDS</u>	<u>WHO IS AT RISK</u>	<u>CONTROL MEASURES</u>	<u>RISK RATING</u>	<u>ADDITIONAL CONTROLS</u>	<u>RESIDUAL RISK RATING</u>
<u>In area to be used:</u> Uneven ground, uneven surfaces, slopes/steps, tree roots/branches, vegetation (prickly/stinging), wire/ ruined fences, water in streams, mud, snakes, stinging insects.	All runners and walkers.	Hares to choose suitable terrain and inform all hashers of any hazards prior to the Hash. At least one Hare on both run and walk to carry a mobile telephone and inform other of his number.	1 x Low	First Aid Kit to be available at RV.	
<u>Adverse weather:</u> Wet/cold weather - increased slip hazard and mild hypothermia.	All runners and walkers.	Hares to advise all runners and walkers of the appropriate conditions and hazards.	1 x Low	Wet/cold - advise hashers to dress for the conditions and have a change of clothes.	
Very hot weather - dehydration and heat-stroke.	All runners and walkers.	Hares to advise all runners and walkers of the appropriate conditions and hazards.	1 x Low	Hot - advise hashers to carry water and ensure water is available at the RV.	
<u>Hares getting lost with group:</u>	All runners and walkers.	Hares to lay trail beforehand and to familiarise themselves with terrain and way back to RV.	1 x Low	Run and Walking Hares to know route of the other run/walk	
<u>Lost runners/walkers:</u>	All runners and walkers.	Hares to encourage mustering at Checks where front Hashers wait for slower Hashers and a physical count takes place.	1 x Low	If Hasher not accounted for, hares to note where last seen, and then organise search party.	
<u>Animals:</u> Members dogs - tripping up hashers or disturbing farm animals e.g., goats, sheep, chickens.	All runners and walkers.	All participants to be responsible for the strict control of their dogs.	1 x Low	Dog owners to carry a dog lead with them at all times.	
Farm animals - disturbing during runs.	Farm animals.	All runners and walkers are to give due consideration to all animals they encounter on a Hash - runners are to walk when in the close proximity of Livestock.	1 x Low	No shouting or running when in close proximity to livestock.	
<u>Hashing in the dark:</u>	All runners and walkers.	Running in the dark is not a normal activity of this Hash but, when it does occur, all Hashers are to carry torches and maintain a "buddy-buddy" system.	1 x Low	Number count at each Check.	
<u>Crossing or Following Roads:</u>	All runners and walkers.	Normally Hashes in Cyprus do not cross or use roads but, where this is inevitable, hares to advise and control the Hashers.	1 x Low		
<u>COVID-19:</u>	All runners and walkers.	No Hash held if "Lockdown" is imposed. Supervised runs when Limited Restrictions are in place. Social distancing, run in smaller groups.	1 x Medium	See additional guidelines to be followed in separate publication: "Hash Guidelines Following Covid- 19 Lockdown"	

Assessor

Name: Simon Carroll

Rank/Grade: Hash Words (Secretary)

Date: 19th April 2022

Manager

Name: Marshall Hughes

Rank/Grade: On Pres' (Honorary President)

Date: 19th April 2022